

Student Counseling

Name of the Counselor: Mr. Chavan V.D.

Name of the Student: Gujar Aditya Kalyan

Class: BCA II Division: _____

Day & Date: Friday 16/9/2022

Address:

At post Bhandavde, Satara

Mobile Number: 7820902686 Email ID: Adugujar1112@gmail.com

Reason of Counseling

Anxiety, Lack of confidence

Details of Conversation

by communication — the anxiety it is a panic interfere with daily activities. So aditya had a big anxiety problem so basically I told him to how handle the anxiety and focus on positive side also relaxation techniques.

Measures proposed

seems improvement in behaviour



Signature of Counselor



Signature of Student

Student Counseling

Name of the Counselor: Mr. V.D. Chavan

Name of the Student: Dhumal Viraj Ashok

Class: BCA II Division: _____

Day & Date: Thursday 20/10/2022

Address: At. post - Pandewadi, Wai, Satara.

Mobile Number: 904095742 Email ID: dhumalviraj4354@gmail.com

Reason of Counseling

Anger issues

Details of Conversation

Mr. Viraj Dhumal has a very hyper and
he has lots of anger issues after talking
to this student I explaining him best and
better way to controls anger before it controls him
and also clearly that affects of
anger on daily life / health ~~is~~

Measures proposed

after the meditation practice and
counseling improvement in
nature.



Signature of Counselor



Signature of Student

Student Counseling

Name of the Counselor: Mrs. T.N. Shevate

Name of the Student: Gavali Sumit Dnyaneshwar

Class: BCA-E Division: —

Day & Date: Monday 10/10/2022

Address:

At. post. Fattyapur, Satara.

Mobile Number: 8261864690 Email ID: sumit79@gmail.com

Reason of Counseling

Improvement of social skills, and soft skill.

Details of Conversation

To develop certain problem-solving skill which can directly impact their studies. and also give advice to how to cope with different situations they tend to face in their real life.

Measures proposed

- Trustworthiness
- Active listening and responsiveness.
- Empathy

Signature of Counselor

Signature of Student

Student Counseling

Name of the Counselor: Mrs. S. N. Jaykar.

Name of the Student: Tike Vaishnavi Nitin.

Class: B.C.A II Division: _____

Day & Date: Thursday 22/11/2022

Address:

Wai, Satara.

Mobile Number: 8999959268 Email ID: vaishnavi2008@gmail.com

Reason of Counseling

Counseling about university examination

Details of Conversation

She told me when exam comes I forget every study I can't remember my notes so I told her do study properly first don't memorized material firstly clear your concept & then do study

Measures proposed

I saw a improvement in her study

Sheet
Signature of Counselor

Vaish
Signature of Student

Student Counseling

Name of the Counselor: Mrs. Shevate T.N

Name of the Student: Sonawane Haashad Santosh

Class: B.A - IT Division: —

Day & Date: Thursday 16/3/2023

Address:

At Post Virmade Satara

Mobile Number: 8669411942 Email ID: Ahaashu12@gmail.com

Reason of Counseling

consistency in emotions and behaviours.

Details of Conversation

To give advice to give develop different various skills. which to extend help them deal with emotions and behaviours.

Measures proposed

Ability to interpret information.
Empathy
questioning ability


Signature of Counselor


Signature of Student

Student Counseling

Name of the Counselor: Mrs. Shevate T.N.

Name of the Student: Salunkhe Aapita Pramod

Class: BCA-II Division: —

Day & Date: Tuesday 7/12/2023

Address: Satara

Mobile Number: 7249671398 Email ID: Aapita5123@gmail.com

Reason of Counseling

Set up long term goals.

Details of Conversation

1) To create mindmap for goals and careers.

2) Reach out to an acquaintance.

3) To decide priority.

Measures proposed

Active listening and responsiveness
questioning ability


Signature of Counselor


Signature of Student

Student Counseling

Name of the Counselor: mas. Shevate T.N.

Name of the Student: Kadam Abhishek Shivaji

Class: B.Com-4 Division: —

Day & Date: Thursday 12/1/2023

Address:

At post. Borne Satara

Mobile Number: 9022048605 Email ID: AbhiKadam74@gmail.com

Reason of Counseling

Fosters effective learning, shapes,
decision taking and making

Details of Conversation

We discuss competent for future success,
Equips^{with} all latest career trends.
Induces team work and leadership
quality.

Measures proposed

improve personal development
Equips with all the latest career -
trends.


Signature of Counselor


Signature of Student

Student Counseling

Name of the Counselor: Mr. Chavan V.D

Name of the Student: Chikane Sanket Amarnath

Class: BCP-II Division:

Day & Date: Thursday 19/1/2023

Address:

At post Gongaon, Kudal, Gatora

Mobile Number: 9527565994 Email ID: Sanketchikane32@gmail.com

Reason of Counseling

Addiction of Social media.

Details of Conversation

The student named sanket chikane he had a lot of addition of social media like Instagram, whatsapp So basically I told him social media's pros and cons and how to use new technology for studies and to get self educated.

Measures proposed

after the counselling reduce social media time.



Signature of Counselor



Signature of Student

Student Counseling

Name of the Counselor: Mr. V. D. Chavan.

Name of the Student: Kadam Amanjot Govind.

Class: BCP-II Division:

Day & Date: Tuesday 10/1/2023

Address:

At post: Jakatwadi, Satara.

Mobile Number: 7775884661 Email ID: zohit45@gmail.com.

Reason of Counseling

negative thoughts problem

Details of Conversation

after talking to this student I understand the exact problem of this student. The negative thoughts is very harmful for the self. life style. these are extremely affects on health, and also destroy positive side of the mind.

Measures proposed

positive improvement in behaviour.



Signature of Counselor



Signature of Student

Student Counseling

Name of the Counselor: Mrs. P.A. Lokhande.

Name of the Student: Nikam Vaishnavi Mohan

Class: BCA-II Division: _____

Day & Date: Monday 12/12/2022

Address:

Wai, Satara.

Mobile Number: _____ Email ID: Vaishnavi04@gmail.com

Reason of Counseling

Participation in extra-curriculum activities.

Details of Conversation

- Motivate her to participate in different activities which in turn in institute as well as other institutes.

Measures proposed

- she participated in different events and also won the prize.


Signature of Counselor


Signature of Student